August 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	9:30am Monday Motion 1 10:15am Large Crossword Puzzle 1:00pm Get Your Walk In! 2:00pm Indoor Golf 3:00pm Rummikub	9:30am Tuesday Training 2 10:15am Brain Activity 2:00pm Craft Time 3:00pm Fingernail Painting & Ring Toss 6:00pm Come Listen to Classical Music	NATIONAL WATERMELON DAY!!! 9:00am Manis & Pedis w/ Laura 9:30am Theraband Exercises w/ Tosha 10:15am Wheel of Fortune 2:00pm Watermelon Seed Spitting Contest 3:00pm Rummikub	9:30am Thursday Toughen Up 4 10:15am Large Crossword Puzzle 1:00pm Bookmobile 1:30pm Quarter Bingo 3:00pm Social Hour	9:30am Friday Fitness 5 10:15am Wheel of Fortune 11:45am Celebrity Appearance Today 1:00pm Hymn Singalong 2:00pm Trivia Time 3:00pm Mexican Train Dominoes	HAPPY BIRTHDAY LUCILLE BALL!!! 2:30pm Quarter Bingo	6
1:30pm Church Service 7	9:30am Monday Motion 8 10:15am Large Crossword Puzzle 1:00pm Get Your Walk In! 2:00pm Movie Matinee (The Pursuit of Happyness)	9:30am Tuesday Training 9 10:15am Brain Activity 2:00pm LIVE MUSIC in the Dining Room!!! 3:00pm Knock the Cans Over 6:00pm Come Listen to Classical Music	9:30am Cardio Drumming 10 Class w/ Crystal 10:00am Thigpen Hear Aids 10:15am Wheel of Fortune 1:00pm Chef Chat with Ryan 2:00pm Bible Study (Joseph & The Coat of Many Colors) 3:00pm Rummikub	 9:30am Thursday Toughen Up 11 10:15am Resident Council Meeting 1:00pm Bookmobile 1:30pm Quarter Bingo 3:00pm Social Hour ft Root Beer Floats 	 National Bowling Day 9:30am Friday Fitness 10:15am Wheel of Fortune 1:00pm Hymn Singalong 2:00pm Trivia Time 3:00pm Indoor Bowling Tournament 	HAPPY BIRTHDAY BETTY LOU!!! 2:30pm Quarter Bingo	13
1:30pm Church Service 14	NATIONAL RELAXATION DAY 15 HAPPY BIRTHDAY EARL!!! 9:30am Relaxing Music & Meditation 10:15am Table Decorating in Dining Room BYOD (Decor) 11:30am Family Style Lunch 2:00pm Yoga Class 3:00pm Rummikub	9:30am Tuesday Training 16 10:15am Brain Activity 2:00pm Craft Time 3:00pm Fingernail Painting & Beanbag Toss 6:00pm Come Listen to Classical Music	9:30am Chair Yoga w/ Tosha 17 10:15am Wheel of Fortune 1:00pm Get Your Walk In! 1:30pm Shopping @ Walmart 3:00pm Scrabble	9:30am Thursday Toughen Up 18 10:15am Large Crossword Puzzle 1:00pm Bookmobile 1:30pm Quarter Bingo 3:00pm Monthly Birthday Bash ft Birthday Cake!!!	9:30am Video Exercise 10:15am Mexican Train 1:00pm Hymn Singalong 2:00pm Rummikub 3:00pm Independent Reading Time	HAPPY BIRTHDAY BARBARA!!! 2:30pm Quarter Bingo	20
1:30pm Church Services 21 with Jim Sandman from Calvary Baptist Church	9:30am Video Exercise 22 10:15am Crossword Puzzles 1:00pm Get Your Walk In! 2:00pm Movie Matinee (Forrest Gump)	9:30am Balance Class w/ 23 Crystal 10:15am Rummikub 2:00pm Uno 3:00pm Adult Coloring 6:00pm Come Listen to Classical Music	9:30am Video Exercise 24 1:00pm Chef Chat w/ Ryan 1:00pm Senior Fitness Testing 2:00pm Independent Reading Time 3:00pm Rummikub	National Banana Split Day 25 9:30am Thursday Toughen Up 10:15am Large Crossword Puzzle 1:00pm Bookmobile 1:30pm Quarter Bingo 3:00pm Social Hour	9:30am Friday Fitness 26 10:15am Wheel of Fortune 1:00pm Hymn Singalong 2:00pm Trivia Time 3:00pm Mexican Train Dominoes 5:00pm Food Truck Night @ Henley Station	HAPPY BIRTHDAY FRANKIE!!!! 2:30pm Quarter Bingo	27
1:30pm Church Service 28	9:30am Monday Motion ²⁹ 10:15am Large Crossword Puzzle 1:00pm Get Your Walk In! 2:00pm Archery Practice 3:00pm Rummikub	9:30am Sweatin' to the 30 Oldies w/ Crystal 10:15am Brain Activity 2:00pm Craft Time 3:00pm Fingernail Painting & Ring Toss 6:00pm Come Listen to	9:30am Wednesday Workout 10:15am Wheel of Fortune 1:30pm Shopping @ Kohl's 3:00pm The Price is Right				

Classical Music