	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	By Golden Carers
1		1 Classical Music Month (US) Labor Day (US) 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Labor Day Trivia 11:00am: Target Cup Game 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Stress Ball Toss 2:45pm: Snack And Hydration 3:15pm: Pltching Pennies 3:45pm: Patriotic Short Stories 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	2 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Hangman 11:00am: Toss And Talk Ball 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Balloon Volley Ball 2:45pm: Snack And Hydration 3:15pm: Bingo 3:15pm: Finish The Saying 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	3 National Chicken Month 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Chicken Trivia 11:00am: Chicken Dance 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Kick Ball 2:45pm: Snack And Hydration 3:15pm: Kerplunk 3:45pm: Chicken Crosswords 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	4 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Amish Bread Making Class 11:00am: Bread Class Continued 1:00pm: Quiet Time: Rest And Relaxation 2:15pm: Peanut Butter Tic Tac Toe 2:45pm: Snack And Hydration 3:15pm: Mad Libs 3:45pm: Charades 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	5 National Cheese Pizza Day 9:00am: Morning Orientation, Pledge, & Song 9:00am: Sexercise 10:00am: Snack And Hydration 10:30am: Making Cheese Pizzas 11:00am: Pizza Making Continued 1:00pm: Quiet Time: Rest And Relaxation 2:15pm: Target Toss Game 2:45pm: Snack And Hydration 3:15pm: Dont Draw The Short Straw Game 3:45pm: Chicken Soup For The Soul 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	6 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Manicures And Table Talk- Group A 11:00am: Eliminate The Number 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Head Pong Game 2:45pm: Snack And Hydration 3:15pm: Manicures And Table Talk- Group B 3:45pm: Bingo 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time
	7 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Bible Facts/Trivia 11:00am: Hymn Sing 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Church Services 2:45pm: Snack And Hydration 3:15pm: Kick Ball 3:45pm: Bible Character Stories 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	8 National Literacy Day 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Book Trivia 11:00am: Virtual Library Tour 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Beach Ball Toss And Talk 2:45pm: Boack And Hydration 3:15pm: Library Crossword Puzzle 3:45pm: Book Bingo 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	9 We Remember You - Support Group @4pm 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Fall Door Wreath Craft 11:00am: Fall Wreaths Continued 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Bowling 2:45pm: Snack And Hydration 3:15pm: Hangman 3:45pm: SNOWBALL FIGHT! 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	10 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Cupcake Decorating 11:00am: Cupcakes And Memories 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Golf 2:45pm: Snack And Hydration 3:15pm: Build A Word Game 3:45pm: Head Pong 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	11 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Dont Draw The Short Straw Game 11:00am: Mad Libs 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Pool Noodle Ball 2:45pm: Snack And Hydration 3:15pm: Pictionary 3:45pm: Beach Ball Toss 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	12 Chocolate Milkshake Day 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Milkshake Sequencing 11:00am: Kerplunk 1:00pm: Quiet Time- Rest And Relaxation 2:45pm: Snack And Hydration 3:15pm: Chicken Soup For The Soul 3:45pm: Qtip People 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	13 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Manicures And Table Talk- Group A 11:00am: Build A Word Game 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Ball Toss 2:45pm: Snack And Hydration 3:15pm: Manicures And Table Talk- Group B 3:45pm: Short Stories 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time
	14 Music and Worship with Rocky & Jean National Assisted Living Week (US) 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Bible Facts/frivia 11:00am: Hymn Sing 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Church Services 2:45pm: Snack And Hydration 3:15pm: Kick Ball 3:45pm: Bible Character Stories 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	15 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Dont Pop The Balloon Game 11:00am: Button Sorting 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Ladder Ball 2:45pm: Snack And Hydration 3:15pm: What Does That Mean? 3:45pm: Head Pong 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	16 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Letter Writing Sequencing 11:00am: Coffee Filter Mums 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Lets Dance!!! 2:45pm: Snack And Hydration 3:15pm: Finish Mums 3:45pm: Fill In The Blanks 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	17 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Owl Craft 11:00am: Owl Craft 11:00am: Owl Craft Continued 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Ball Race 2:45pm: Snack And Hydration 3:15pm: Chicken Soup For The Soul 3:45pm: Kerplunk Game 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	18 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Bisquit Making 11:00am: Memories Of Bisquit Making 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Not Potato Game 2:45pm: Snack And Hydration 3:15pm: The Other Half Of Me Art 3:45pm: Karaoke Time! 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	1.9 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Leaf Crystals Art 11:00am: The Science Of Leaf Crystals 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Corn Hole 2:45pm: Snack And Hydration 3:15pm: Mad Libs 3:45pm: Ladder Ball 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	20 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Manicures And Table Talk- Group A 11:00am: Magazine Wars 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Ball Toss 2:45pm: Snack And Hydration 3:15pm: Manicures And Table Talk- Group B 3:45pm: Eliminate The Numbers 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time
	21 9:00am: Morning Orientation, Pledge, & Song 9:00am: Exercise 10:00am: Snack And Hydration 10:30am: Bible Facts/Trivia 11:00am: Hymn Sing 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Church Services 2:45pm: Snack And Hydration 3:15pm: Kick Ball 3:45pm: Bible Character Stories 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	22 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Ball Sequencing 11:00am: Target Cup Game 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Golf 2:45pm: Snack And Hydration 3:15pm: Making Edible Kinetic Sand 3:45pm: Trivia 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	23 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Carls For Kids At Vandy 11:00am: Mad Libs 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Balloon Volley Ball 2:45pm: Snack And Hydration 3:15pm: Magnetic Fall Art 3:45pm: The Science Behind Magnetic Fall Art 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	24 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Trivia 11:00am: Will It Sink Or Float? 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Bocce 2:45pm: Snack And Hydration 3:15pm: Mock Avon Party 3:45pm: Baking Soda Balloon Experiment 4:15pm: Evening Exercise- Cool Down 6:00pm: Movle/ TV Time	25 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Virtual Reality With Craig From Shalom Hospice 11:00am: Target Toss Game 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Sean Patrick 2:45pm: Snack And Hydration 3:15pm: Short Stories 3:45pm: Charades 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/TV Time	26 National Johnny Appleseed Day 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Johnny Appleseed Story And Facts 11:00am: Pumpkin Craft With Wood Part 1 1:00pm: Quiet Time: Rest And Relaxation 2:15pm: Bowling 2:45pm: Snack And Hydration 3:15pm: Pumpkin Craft Part 2 3:45pm: Follow My Lead 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	27 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Manicures And Table Talk- Group A 11:00am: Tn Football Trivia 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Tossing The Pigskin 2:45pm: Snack And Hydration 3:15pm: Manicures And Table Talk- Group B 3:15pm: Tn Vs MS State Viewing Party 3:45pm: Swores And Football 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time
	28 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Bible Facts/Trivia 11:00am: Hymn Sing 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Church Services 2:45pm: Snack And Hydration 3:15pm: Kick Ball	29 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Sanack And Hydration 10:30am: Fall Puzzle Tree 11:00am: Build A Story 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Hoola Hoop Ball 2:45pm: Snack And Hydration 3:15pm: Build A Word Game	30 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Leaf Wax Paper Suncatchers 11:00am: Flinish The Story 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Bocce 2:45pm: Snack And Hydration 3:15pm: Crossword Puzzle				31

3:15pm: Kick Ball

3:45pm: Bible Character Stories

6:00pm: Movie/ TV Time

4:15pm: Evening Exercise- Cool Down

3:15pm: Build A Word Game

3:45pm: SNOWBALL FIGHT!

6:00pm: Movie/ TV Time

4:15pm: Evening Exercise- Cool Down

3:15pm: Crossword Puzzle

6:00pm: Movie/ TV Time

4:15pm: Evening Exercise- Cool Down

3:45pm: Kick Ball