

October 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Room Directory: Front Desk: 1st floor F.D. Dining Room: 1st floor D.R. Memory Care: 1st floor M.C. Macfadden Hall: 2nd floor M.H. Puzzle Room 2nd floor: P.R. Sarah King Room: 2nd floor S.K.R. Spa 2nd floor	10/01 Arts & Crafts w/Laura & Mona M.H. 10/05 Music w/Noah D.R. 10/08 Chef Chat w/Barbara D.R. 10/08 Seminar w/Adam Staying Fit 10/09 Resident Council (all residents welcomed) M.H. 10/10 Alzheimer's Walk outside 10/13 Metro Diner/Decorating Halloween Cupcakes M.H. 10/15 Dog Agility Miller Coliseum	10/20 Lunch Buona Hamburgers & more/Music w/Nermin 10/22 Mani/Pedis w/Laura in the spa & Music w/Billy Tarkington D.R. 10/27 Lunch @ The Goat & Arts & Crafts w/Pumpkins M.H. 10/29 Walmart & Prize Bingo w/Misty M.H. 10/31 Happy Halloween! Social Hour & October Birthday Party in D.R. Wear your best costume!	9:30am Morning Exercise M.H. 1 10:15am Video Bible Series M.H. 1:00pm Prayer Meeting, S.K.R. 1:30pm Arts & Crafts w/Laura & Mona M.H. 6:00pm Bible Study, Room 104	9:30am Morning Exercise M.H. 2 10:15am Mexican Train In M.H. 1:00pm Bookmobile D.R. 1:15pm Working Out W/Weights & Bands M.H. 2:00pm QUARTER BINGO In M.H. 3:00pm Rummikub In M.H.	Happy Birthday Ms. Joyce! 3 9:30am Morning Exercise M.H. 10:15am Large Crossword Puzzle In M.H. 2:00pm Social Hour D.R. 3:00pm Trivia In D.R. 6:00pm Worship W/Heather & Shannon, M.H.	1:00pm Classical Music In M.H. 4 2:30pm QUARTER BINGO In M.H. 3:30pm Rummikub In M.H.
1:30pm Church Service M.H. 3:00pm Music w/Noah In D.R.	5 9:30am Morning Exercise M.H. 6 10:15am Let's Play Wii In P.R. 1:00pm Chef Chat W/Barbara, D.R. 1:30pm Manicures & Music W/ Patricia In M.H.(sign-up, F. D.) 2:30pm Wheel of Fortune In M.H.	7 9:30am Morning Exercise M.H. 10:15am Mexican Train In M.H. 1:15pm Working Out W/Weights & Bands, M.H. 2:00pm QUARTER BINGO In M.H. 3:00pm Rummikub In M.H.	8 9:30am Morning Exercise M.H. 10:00am Thigpen Hearing Aids In D.R. 10:15am Video Bible Series M.H. 1:00pm Prayer Meeting, S.K.R. 2:00pm Seminar w/ Adam: Staying fit into our golden years! M.H. 6:00pm Bible Study, Room 104	9 9:30am Morning Exercise M.H. 10:15am Resident Council (all residents welcome to attend) M.H. 1:00pm Bookmobile D.R. 1:15pm Working Out W/Weights & Bands M.H. 2:00pm QUARTER BINGO In M.H. 3:00pm Rummikub In M.H.	10 9:30am Morning Exercise M.H. 10:15am Large Crossword Puzzle In M.H. 2:00pm Social Hour D.R. 3:30pm Alzheimer's Walk Outside 6:00pm Worship W/Heather & Shannon, M.H.	11 1:00pm Classical Music In M.H. 2:30pm QUARTER BINGO In M.H. 3:30pm Rummikub In M.H.
Happy Birthday Ms. Ramona! 1:30pm Church Service M.H.	12 9:30am Morning Exercise M.H. 13 11:00am Lunch @ Metro Diner (sign-up) F.D. 1:30pm Manicures & Music W/ Melissa In M.H.(sign-up, F. D.) 2:30pm Decorating Halloween Cupcakes In M.H. 3:00pm Wheel Of Fortune In M.H.	14 9:30am Morning Exercise M.H. 10:15am Mexican Train In M.H. 1:15pm Working Out W/Weights & Bands M.H. 2:00pm QUARTER BINGO In M.H. 3:00pm Rummikub In M.H.	15 9:30am Morning Exercise M.H. 10:15am Video Bible Series M.H. 1:00pm Prayer Meeting, S.K.R. 1:30pm Dog Agility Practice @ TN Miller Coliseum (sign-up) F.D. 6:00pm Bible Study, Room 104	16 9:30am Morning Exercise M.H. 10:15am Mexican Train In M.H. 1:00pm Bookmobile D.R. 1:15pm Working Out W/Weights & Bands M.H. 2:00pm QUARTER BINGO In M.H. 3:00pm Rummikub In M.H.	17 9:30am Morning Exercise M.H. 10:15am Large Crossword Puzzle In M.H. 2:00pm Social Hour D.R. 3:00pm Trivia In D.R. 6:00pm Worship W/Heather & Shannon, M.H.	18 1:00pm Classical Music In M.H. 2:30pm QUARTER BINGO In M.H. 3:30pm Rummikub In M.H.
1:30pm Church Service w/Jim Sandman M.H.	19 9:30am Morning Exercise M.H. 20 11:00am Lunch @ Buona (sandwiches & Burgers, Much More) Sign-up F.D. 1:30pm Oktoberfest Music w/Nermin & his Accordion D.R. 3:00pm Wheel Of Fortune In M.H.	21 Happy Birthday Ms. Beverlee! 9:30am Morning Exercise M.H. 10:15am Mexican Train In M.H. 1:15pm Working Out W/Weights & Bands M.H. 2:00pm QUARTER BINGO In M.H. 3:00pm Rummikub In M.H.	22 Happy Birthday Ms. Connie! Happy Birthday Mr. Bob Clarke! 9:00am Manicures & Pedicures W/Laura in the spa, 2nd floor (sign-up, F.D.) 9:30am Morning Exercise M.H. 10:15am Video Bible Series M.H. 1:00pm Prayer Meeting, S.K.R. 2:00pm Music w/Billy Tarkington D.R. 6:00pm Bible Study, Room 104	23 9:30am Morning Exercise M.H. 10:15am Mexican Train In M.H. 1:00pm Bookmobile D.R. 1:15pm Working Out W/Weights & Bands M.H. 2:00pm QUARTER BINGO In M.H. 3:00pm Rummikub In M.H.	24 9:30am Morning Exercise M.H. 10:15am Large Crossword Puzzle In M.H. 2:00pm Social Hour D.R. 3:00pm Trivia In D.R. 6:00pm Worship W/Heather & Shannon, M.H.	25 1:00pm Classical Music In M.H. 2:30pm QUARTER BINGO In M.H. 3:30pm Rummikub In M.H.
1:30pm Church Service w/Craig Bell M.H.	26 Happy Birthday Mr. Donald! 9:30am Morning Exercise M.H. 11:00am Lunch @ The Goat (sign-up) F.D. 1:30pm Manicures & Music W/ Melissa In M.H.(sign-up, F. D.) 2:00pm PUMPKIN DECORATING CONTEST M.H.	27 9:30am Morning Exercise M.H. 10:15am Mexican Train In M.H. 1:15pm Working Out W/Weights & Bands M.H. 2:00pm QUARTER BINGO In M.H. 3:00pm Rummikub In M.H.	28 9:30am Morning Exercise M.H. 10:15am Video Bible Series M.H. 10:45am Shopping @ Walmart (sign-up) F.D. 1:00pm Prayer Meeting, S.K.R. 1:30pm Prize BINGO W/Misty M.H. 6:00pm Bible Study, Room 104	29 9:30am Morning Exercise M.H. 10:15am Mexican Train In M.H. 1:00pm Bookmobile D.R. 1:15pm Working Out W/Weights & Bands M.H. 2:00pm QUARTER BINGO In M.H. 3:00pm Rummikub In M.H.	30 HAPPY HALLOWEEN 9:30am Morning Exercise M.H. 10:15am Large Crossword Puzzle In M.H. 2:00pm Social Hour & October's Birthday Party & D.R. 3:00pm Halloween Trivia In D.R. 6:00pm Worship W/Heather & Shannon, M.H.	