

October 2025

TOOLKIT

By Golden Carers

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Chicken Soup For The Soul 11:00am: Sunflower Bubble Wrap Art 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: BOWLING! 2:45pm: Snack And Hydration 3:15pm: Trivia Crosswords 3:45pm: Pass The Pumpkin 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	2 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Fall Craft With Pine Cones 11:00am: Eliminate The Dots Game 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Kick Ball 2:45pm: Snack And Hydration 3:15pm: Fall Crafting Continued 3:45pm: Brain Teasers 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	3 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Making Dog Treats For Silent Auction 11:00am: Chain The Word 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Ping Pong Ball Bounce Challenge 2:45pm: Snack And Hydration 3:15pm: Build A Word 3:45pm: Making Dog Toys For Silent Auction 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	4 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Manicures And Table Talk- Group A 11:00am: Short Stories 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Sensory Ball Toss 2:45pm: Snack And Hydration 3:15pm: Manicures And Table Talk- Group B 3:45pm: BINGO 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time
5 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Bible Facts/Trivia 11:00am: Hymn Sing 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Church Services 2:45pm: Snack And Hydration 3:15pm: Kick Ball 3:45pm: Bible Character Stories 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	6 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Trivia 11:00am: Kerplunk Game 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Ball Toss 2:45pm: Snack And Hydration 3:15pm: Making Pom Poms For Alzheimer's Walk 3:45pm: Hangman 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	7 Remember Me Grief Support Group @ 4pm 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Have You Ever Game 11:00am: Clothes Hanger Toss 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Musical Ball Catch 2:45pm: Snack And Hydration 3:15pm: Gospel Sing-a-long 3:45pm: Pumpkin Craft With Tulle 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	8 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Cryptograms 11:00am: Laced Leaf Art 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Pumpkin Golf 2:45pm: Snack And Hydration 3:15pm: Dont Draw The Short Straw Game 3:45pm: Magazine Wars 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	9 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Trivia 11:00am: Salt Art 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Balloon Volley Ball 2:45pm: Snack And Hydration 3:15pm: Complete The Sentence 3:45pm: Balloon Tic Tac Toe 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	10 Alzheimer's Walk And Dinner 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Apple Cider And Chat 11:00am: LadderBall 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Toss And Talk Ball 2:45pm: Snack And Hydration 3:30pm: Paint The Town Purple Walk And Dinner 6:00pm: Movie/ TV Time	11 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Manicures And Table Talk- Group A 11:00am: Short Stories 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Balloon Volley Ball 2:45pm: Snack And Hydration 3:15pm: Manicures And Table Talk- Group B 3:45pm: BINGO 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time
12 Rocky And Jean Gospel Hour 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Bible Facts/Trivia 11:00am: Hymn Sing 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Church Services 2:45pm: Snack And Hydration 3:15pm: Kick Ball 3:45pm: Bible Character Stories 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	13 Indigenous Peoples' Day 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Trivia 11:00am: Kerplunk Game 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Ball Toss 2:45pm: Snack And Hydration 3:15pm: Charades 3:45pm: Hangman 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	14 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Mad Libs 11:00am: Building A Ghost House 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Bocce 2:45pm: Snack And Hydration 3:15pm: BINGO 3:45pm: Finish The Saying 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	15 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Chain The Word 11:00am: Tin Can Scarecrows 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Pumpkin Bowling 2:45pm: Snack And Hydration 3:15pm: Turn Me Into A Fall Leaf Art 3:45pm: Kick The Can Game 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	16 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Virtual Reality With Craig From Shalom Hospice 11:00am: Leaf Yarn Sewing 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Balloon Volley Ball 2:45pm: Snack And Hydration 3:15pm: Build A Word Game 3:45pm: Pumpkin Sharp Shooter Game 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	17 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Mad Libs 11:00am: Cooking Class Making Caramel Apple Pretzel Bites 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Hoola Hoop Ball 2:45pm: Snack And Hydration 3:15pm: Price Is Right Game! 3:45pm: SNOWBALL FIGHT! 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	18 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Manicures And Table Talk- Group A 11:00am: Short Stories 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Toss And Talk Ball 2:45pm: Snack And Hydration 3:15pm: Manicures And Table Talk- Group B 3:45pm: BINGO 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time
19 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Bible Facts/Trivia 11:00am: Hymn Sing 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Church Services 2:45pm: Snack And Hydration 3:15pm: Kick Ball 3:45pm: Bible Character Stories 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	20 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Trivia 11:00am: Kerplunk Game 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Sensory Ball Toss 2:45pm: Snack And Hydration 3:15pm: Simon Says 3:45pm: Pictionary 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	21 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Have You Ever Game 11:00am: Target Cup Game 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Musical Ball Catch 2:45pm: Snack And Hydration 3:15pm: Build A Word Game 3:45pm: Addams Family Mimic Me Game 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	22 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Cryptograms 11:00am: Sensory Tree Art 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Floating Ghost Balloon Game 2:45pm: Snack And Hydration 3:15pm: Train Your Brain 3:45pm: Basketball Toss Game 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	23 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Trivia 11:00am: Nature Pumpkin Art 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Pumpkin Bowling 2:45pm: Snack And Hydration 3:15pm: Build A Word Game 3:45pm: Balloon Cup Game 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	24 Monthly Birthday Party @ 12pm 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Coffee And Chat 11:00am: Qtip Ghosts 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Ball Toss 2:45pm: Snack And Hydration 3:15pm: Short Stories 3:45pm: Kerplunk Game 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	25 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Manicures And Table Talk- Group A 11:00am: Short Stories 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Balloon Volley Ball 2:45pm: Snack And Hydration 3:15pm: Manicures And Table Talk- Group B 3:45pm: BINGO 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time
26 Rocky And Jean Gospel Hour 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Bible Facts/Trivia 11:00am: Hymn Sing 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Church Services 2:45pm: Snack And Hydration 3:15pm: Kick Ball 3:45pm: Bible Character Stories 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	27 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Trivia 11:00am: Kerplunk Game 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Ball Toss 2:45pm: Snack And Hydration 3:15pm: Build A Word Game 3:45pm: Simon Says Halloween Version 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	28 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Halloween Mad Libs 11:00am: Ball Bounce Game 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Halloween Bingo 2:15pm: Pass The Pumpkin 2:45pm: Snack And Hydration 3:45pm: Friendly Ghost Stories 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	29 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Making Yarn Ghosts 11:00am: Have You Ever Halloween Version 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Pumpkin Golf 2:45pm: Snack And Hydration 3:15pm: Flying Ghost Experiment 3:45pm: Roll Your Eyes Game 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	30 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Guess The Pumpkin Weight 11:00am: Pumpkin Tic Tac Toe 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Flying Ghost Balloon Game 2:45pm: Snack And Hydration 3:15pm: Brain Teasers 3:45pm: Beaded Corn Activity 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	31 Halloween Party @ 12pm 9:00am: Morning Orientation, Pledge, & Song 9:30am: Exercise 10:00am: Snack And Hydration 10:30am: Halloween Trivia 11:00am: Ring The Witch Hat 1:00pm: Quiet Time- Rest And Relaxation 2:15pm: Pumpkin Bowling 2:45pm: Snack And Hydration 3:15pm: Mophead Ghost Art 3:45pm: Make Me A Mummy 4:15pm: Evening Exercise- Cool Down 6:00pm: Movie/ TV Time	